

Entry Requirements

3.11 An Applicant must:

- have reached the age of majority, which varies between countries and is normally 18 yrs.
- have extensive experience in the disciplines of general mountaineering, skiing, rock and ice. Skiing must be replaced in “No Ski” countries by winter mountaineering (see 5.15)
- provide a list of at least 35 routes which includes varied mountain routes, ski tours, technical climbs, and other experience carried out over a period of at least three years. During these climbs, the applicant must either have been the rope leader with full responsibility or have been doing alternative leads with shared responsibility
- be in very good physical shape

3.12 The list of 35 varied mountain routes must contain:

Summer Mountaineering

- general mountaineering, snow and ice: a minimum of 10 routes of which five must be of difficulty D and with a vertical height gain of at least 800 metres
- rock: a minimum of 10 routes with a vertical height gain of at least 250 metres (or at least 10 pitches), of minimum difficulty 4, with protection to be added to at least one part of the climb, in mountaineering boots
- the ascent and descent for these routes must have taken place on mountainous terrain and/or on glaciers
- the descent of part of these 20 routes cannot be done by rappelling and must have taken place by a route other than that of the ascent and must have been of an alpine character

Winter Mountaineering

- ski touring: a minimum of 10 days, each day having at least 1000 metres ascent/descent. At least 5 of these days must be on glacier terrain
- For “No Ski countries”; a minimum of 10 days mountaineering each day having at least 1000 metres ascent/descent. At least 5 of these days must be on glacier terrain

Technical Climbs

- multi-pitch rock routes, grade 6a (VI) minimum
- several pitches on steep ice, grade 4 (IV) minimum

Other Experience

- An Applicant must provide any other relevant experience, for example via ferratas, expeditions or climbs abroad/overseas, and training undertaken in Alpine type terrain